



# PRACTICAL VISION THERAPY

VISION THERAPY TRAINING FOR OPTOMETRISTS & VTS

The Practical Vision Therapy program has been developed to meet the needs of Canadian Optometrists and Therapists to ensure they provide gold-standard office-based vision therapy to their patients. The program gives participants the relevant theory and provides an understanding of the development of vision problems and options for management. This is balanced with a strong practical experience, which focuses on delivering therapy techniques to maximize results. To facilitate successful integration of vision therapy into a practice, the Practical Vision Therapy program also assists Therapists to develop a working knowledge of issues relating to patient compliance, patient engagement and medico-legal responsibilities.

**CONTACT:**





COVT&R





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# PRACTICAL VISION THERAPY PROGRAM



## Program Outline 2019: Canada

	<p><b>Program Registration</b></p>	<ol style="list-style-type: none"> <li>1. Register online, quoting your COVT&amp;R member number. If you are a therapist, put name of the COVT&amp;R Doctor you work for here instead of a number.</li> <li>2. No number? Skip this-COVT&amp;R approves your application</li> <li>3. You can now log in to the online system and start the program!</li> </ol>
	<p><b>Online Module 1:</b> <b>Introduction to Behavioural Optometry</b> <b>Cost: \$100 CAD</b></p>	<ul style="list-style-type: none"> <li>• What does an optometrist do?</li> <li>• What is Behavioural Optometry?</li> <li>• What does vision have to do with behaviour?</li> <li>• Who benefits from Behavioural Optometry?</li> <li>• What do treatments involve?</li> </ul>
	<p><b>Online Module 2:</b> <b>What is Vision?</b> <b>Cost: \$100 CAD</b></p>	<ul style="list-style-type: none"> <li>• Definition of Vision</li> <li>• Is Vision the same as Sight?</li> <li>• What is the visual process?</li> <li>• Visual development</li> <li>• The brain, not the eyes!</li> <li>• The 4 Circles</li> <li>• Treating problems</li> <li>• Optometric Vision Therapy</li> </ul>
	<p><b>Register for Workshop 1</b></p>	<p><u>Ontario Winter</u> <b>Halton Vision Therapy Centre, Burlington</b> March 30, 2019 noon – 8pm March 31, 2019 9-5pm <u>Ontario Summer</u> <b>Bolton Optometry Clinic, Bolton</b> November 9, 2019 noon-8pm November 10, 2019 9-5pm <u>British Columbia</u> <b>Okanagan Vision Therapy Optometry, Kelowna</b> March 16, 17 2019</p>
	<p><b>Workshop 1:</b> <b>Learning Difficulties &amp; Eye Movements</b> <b>Cost: \$700 CAD</b></p>	<ul style="list-style-type: none"> <li>• What is Optometric Vision Therapy?</li> <li>• Basic anatomy</li> <li>• Overview of visual pathways</li> <li>• Visual development</li> <li>• Eye movements &amp; Fixation</li> <li>• VT for eye movements</li> </ul>

		<ul style="list-style-type: none"> <li>• Visual processing testing</li> <li>• VT for visual processing</li> </ul>
 <p>On the job skills practice</p>		<ul style="list-style-type: none"> <li>• Complete &amp; submit the Workshop 1 assignment (due before attending Workshop 2)</li> <li>• Start work on Practice Visit Report (<b>due before attending Workshop 3</b>)</li> </ul>
	<p>Register to attend Workshop 2</p>	<p><u>Ontario Winter</u>  <b>Halton Vision Therapy Centre, Burlington</b>  October 26, 2019 noon – 8pm  October 27, 2019 9 -5pm  <u>Ontario Summer</u>  <b>Bolton Optometry Clinic, Bolton</b>  February 29, 2020 noon-8pm  March 1, 2020 9-5pm  <u>British Columbia</u>  <b>Okanagan Vision Therapy Optometry, Kelowna</b>  October 19, 20, 2019</p>
	<p>Online Module 3:  <b>Practice Management</b>  <b>Cost: \$100 CAD</b></p>	<ul style="list-style-type: none"> <li>• Provincial Health Care &amp; Optometric services</li> <li>• Patient records</li> <li>• Patient privacy</li> <li>• Patient rights</li> <li>• Working with children</li> <li>• Health &amp; safety</li> <li>• Risk management</li> </ul>
	<p>Online Module 4:  <b>Successful Vision Therapy</b>  <b>Cost: \$100 CAD</b></p>	<ul style="list-style-type: none"> <li>• Preparation</li> <li>• Accountability</li> <li>• Brain rules</li> <li>• Attention</li> <li>• Levels of demand</li> <li>• Compliance</li> <li>• Managing expectations &amp; surveys</li> <li>• Communication</li> </ul>
	<p>Workshop 2:  <b>Accommodation &amp; Convergence</b>  <b>Cost: \$700 CAD</b></p>	<ul style="list-style-type: none"> <li>• Visual dysfunctions</li> <li>• Refractive conditions</li> <li>• Accommodation &amp; convergence</li> <li>• Models for understanding visual dysfunction</li> <li>• Stress, schema, embeddedness</li> <li>• Impact and incidence</li> <li>• Management considerations</li> <li>• VT for visual dysfunction</li> </ul>

 <p>On the job skills practice</p>		<ul style="list-style-type: none"> <li>• Complete &amp; submit the Workshop 2 assignment before attending Workshop 3</li> <li>• Complete Practice Visit Report which <b>must be submitted before attending Workshop 3</b></li> <li>• Prepare Oral Presentation to be presented at Workshop 3</li> </ul>
	<p>Register to attend Workshop 3</p>	<p><u>Ontario Winter</u>  <b>Bolton Optometry Clinic, Bolton</b>  July 18-19, 2020 9am-5pm  <u>Ontario Summer</u>  <b>Kitchener Location; tbd</b>  July 25-26, 2020 9am-5pm  <u>British Columbia</u>  <b>Okanagan Vision Therapy Optometry, Kelowna</b>  July TBD</p>
	<p>Workshop 3:  <b>Treatment of Amblyopia, Programming VT</b></p> <p>Cost: \$700 CAD</p>	<ul style="list-style-type: none"> <li>• What is amblyopia?</li> <li>• Types of amblyopia</li> <li>• Visual development</li> <li>• Neuroplastic principles</li> <li>• Critical periods</li> <li>• Treatment of amblyopia</li> <li>• Occlusion therapy</li> <li>• VT for anisometropic amblyopia</li> </ul>
	<p><b>Written Examination &amp; Graduation</b></p>	<p>At COVT&amp;R AGM 2020 Ottawa, Ontario</p>